

# Salsa Caminando

October 31, 2022

Choreography: Gigi Jensen

Music: "Caminado" from the album "Caminando"

Artists: Rubén Blades & Son del Solar

Sony Music Entertainment & Sony International, 1991

*Music can be found on YouTube, Spotify, Pandora, iTunes*

## Dance Notes

QQS rhythm (1, 2, 3, pause, 5, 6, 7, pause)

Intro 32 beats, start after Rubén Blades (vocalist) calls and horns begin

### Figure 1: Salsa

4 cts: R bk, step L in place, R together, pause 1 ct

4 cts: L fwd, step R in place, L together, pause 1 ct

### Figure 2: Mambo *(same as salsa but to the side)*

4 cts: R side, step L in place, R together, pause 1 ct

4 cts: L side, R in place, L together, pause 1 ct

Repeat

### Figure 3: Cha cha cha *(when Blades sings "caminando")*

4 cts: R fwd, L bk, R fwd, rest

4 cts: same with opp ftwk

Repeat 3 more times

### Sequence

Intro - no dancing - 32 cts

fig. 1, 2, & 3 (3 times)

fig. 3

fig. 1 & 2 (7 times)

fig. 3 (1 and a quarter times)